




SHPS/SHES BREAKFAST MENU 2018 - 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal French Toast with Warm Syrup Glaze Baked Potato Crisps	Cereal Breakfast Crisp with Vanilla Yogurt	Cereal Warm Whole Grain Bagel with Cream Cheese Fruit Yogurt	Cereal WG Chocolate Chip Muffin Mozzarella Cheese Stick	Cereal Sausage Patty with Cheese on a Whole Wheat English Muffin
Cereal Pizza Bagel	Cereal Breakfast Crisp with Vanilla Yogurt	Cereal Warm Whole Grain Bagel with Cream Cheese Smoothie	Cereal WG Chocolate Chip Muffin Mozzarella Cheese Stick	Cereal Whole Grain Waffles with Warm Syrup Baked Potato Crisps
	<i>Student MUST take:</i> <i>3 food items and 1 of the items must be ½ cup of fruit or ½ cup of vegetable</i>	MEAL PRICES: Breakfast TK-5: \$2.00 6-12: \$2.50 Adults: \$4.25		This institution is an Equal Opportunity Provider.
				Menu Subject to Change